

# Create!

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## Melt & Pour Soap Kit

# Oatmeal

### (E Kit Instructions)

#### Included in this Kit:

- 1kg Oatmeal bases Melt & Pour Soap Base
- 1 x Multi Cavity Silicone Mould
- 2 x 10ml Fragrances or Pure Essential Oils with Dripolators

#### What you need from the kitchen:

Microwave - to melt the soap  
Microwave safe jug (plastic doesn't get hot) - to melt the soap in  
Plastic spatula or spoon to stir  
Knife to cut the soap base

**Always ensure children are supervised, especially when handling hot soap and cutting.**

Melt & Pour Soap is excellent for beginners and this kit comes with a silicone mould which is really easy to un mould.

#### Soaping tips for beginners:

- Measure in the fragrance by the drop if making single bars and always stir it in well. If making a larger batch, 1 teaspoon is approximately 5g/ml.
- Don't overheat the soap as this will make it sweat more during storage.
- Be patient! If you try and un mould the soap before it is totally set and cold, it will tear and stretch and need to be re-melted and poured again.

Please check the website to check your specific mould capacity – that way you will know exactly how much soap to melt for each pour (or batch).

#### Method:

*Melt a total 500g of soap base to pour 6 soaps (on average).*

1. Cut the soap into 2cm pieces (approximately) and place soap into a microwave safe plastic jug.
2. Melt the soap base in the microwave on medium (or in a saucepan on a very low heat on the cook top if you don't have a microwave). If possible, cover the soap (or use a piece of card over the jug) in the microwave and heat in short bursts.
3. Remove from heat just before the last piece is melted. Gently stir to melt the remaining soap pieces.

4. It is important to pour Oatmeal soap as cool as possible to ensure the oatmeal particles are evenly distributed during set up – if it is too hot when poured into the moulds the oatmeal will settle in one layer.
  5. Now drip in some fragrance – between 5 – 7ml – about 100 – 150 drops (you can safely use up to 1 – 1 ½ teaspoons per 500g melted soap base which is 5 - 7ml) and stir gently, but thoroughly.
  6. It's time to pour into the moulds! Carefully pour some soap into each cavity of the mould – take care not to overfill.
  7. Leave the soap to set until completely cold (and set hard). This will take at least an hour or even more in summer.
  8. Now it is time to unmould. To remove the soap from the mould, pull the sides of the cavities out in a couple of places to break the air lock. Then turn the mould upside down and run your thumbs from the outside of the mould cavity towards the centre, exerting gentle but firm pressure. If you have the super-soft white type silicone mould, you can peel the mould back from the soap.
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- If you have some soap left that didn't fit in the mould cavities, this includes any little leftover pieces - just remelt it in your next batch taking care not to overheat.
  - Store finished soaps in an airtight display jar or in cello wrap, cello bags or cling film until you are ready to use them. This is because they will attract moisture out of the air due to the glycerine content of the soap base. It is the glycerine that helps keep the soap workable and also moisturising for your skin.
  - If you want to look at recipes or more fun ideas for soap making, you'll find lots of information and inspiration on our free recipe pages - see tutorials, videos, tips and tricks and recipes:

**It is that easy! ☺**

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Happy Soaping!